

# CREATING SAFE SPACES

Attacq cares

This is an Attacq managed property and we care about your well-being. We have put together some basic hygiene faculties to keep you and your loved ones' safe when visiting our spaces.

The World Health Organisation (WHO) has declared the rise of the coronavirus an international emergency. But, don't panic! Personal hygiene can prevent the spread of the coronavirus. Infection is not always fatal or even severe.

## WHAT IS A CORONAVIRUS?

A large family of viruses which may cause illness in animals or humans.

Coronaviruses cause respiratory infections like the common cold and more severe infectious diseases like Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS).

## WHAT IS COVID-19?

An infectious disease caused by the most recently discovered coronavirus.

## WHAT ARE COMMON SYMPTOMS?



**Fever**



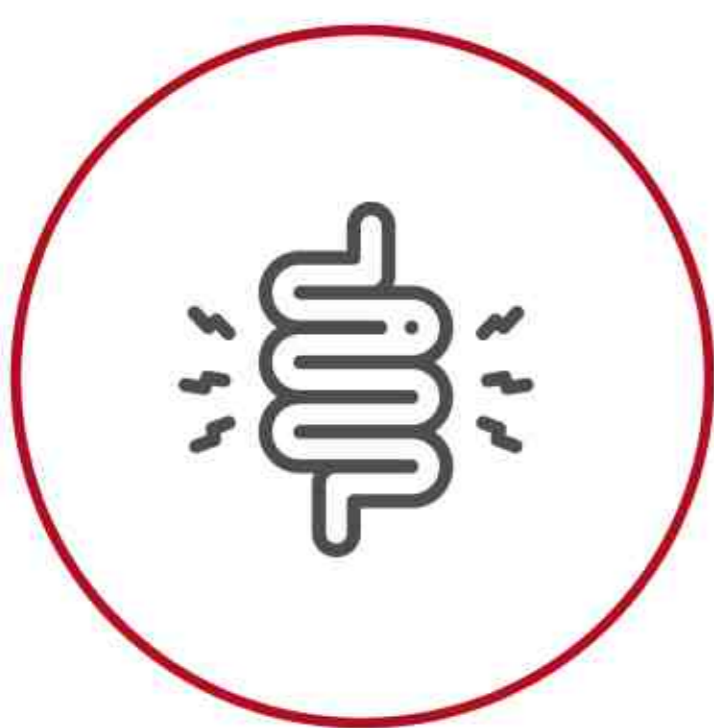
**Tiredness**



**Dry cough**



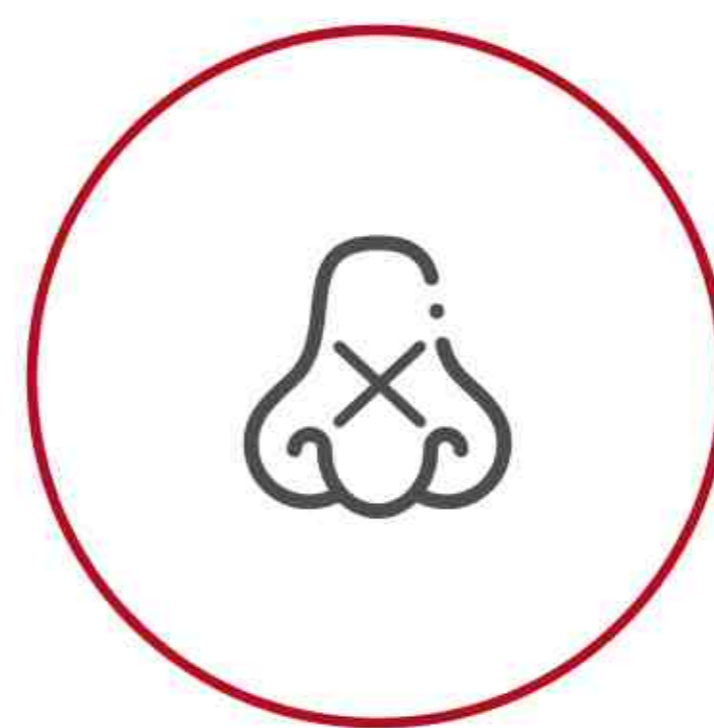
**Sore throat**



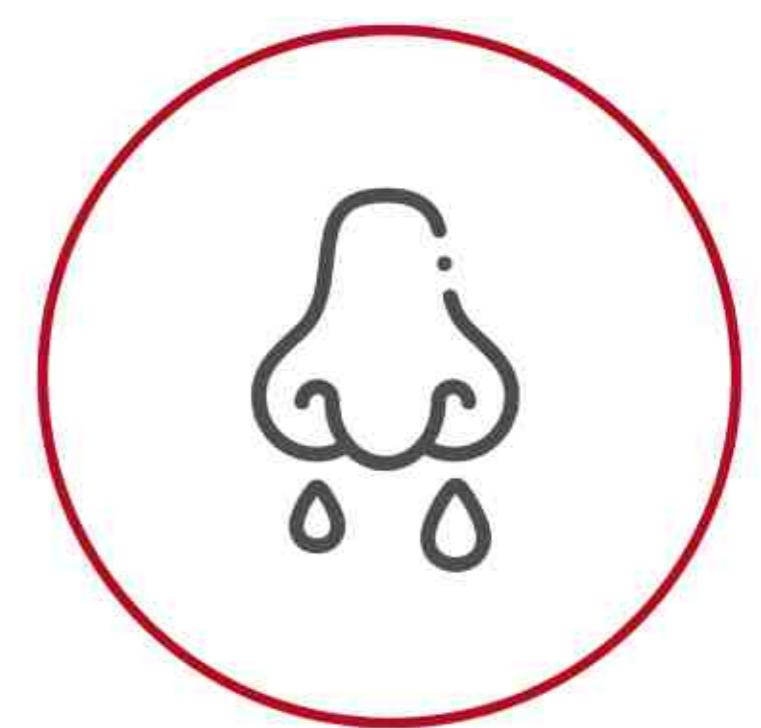
**Diarrhoea**



**Aches and pains**



**Nasal congestion**



**Runny nose**



# HOW DOES COVID-19 SPREAD?

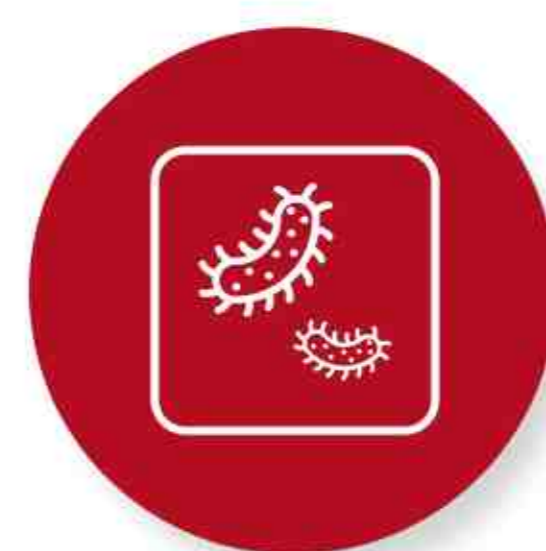
Infectious diseases are easily spread from an infected person to others around them through:



**Personal contact**  
Touching or shaking hands



**Air**  
Coughing and sneezing



**Infected surfaces or objects**  
and then touching your face, mouth or nose

## WHAT HAS ATTACQ DONE TO KEEP YOU SAFE?



We have increased our frequency in cleaning procedures across the mall premises.



Hand sanitisers have been installed in shared spaces.



Information on the prevention of spread of the virus, have been shared.

## PREVENTION

### Wash your hands **OFTEN**:

- after coughing or sneezing
- after using the toilet
- when in contact with a sick person
- before, during and after preparing food
- before eating
- after touching animals

**Avoid close contact with anyone who appears sick**

**Cover your mouth and nose with your elbow when you cough or sneeze**

**Avoid undercooked food — especially meat**

**Do not spit in public**

